

EMDR Canada Guest Blog: Writing Guidelines

General Guidelines

Word Count: 800-1,500 words (longer articles may be accepted on a case-by-case basis).

Language: English or French (submissions may be translated by EMDR Canada).

Style Reference: All articles should adhere to APA Style.

Author requirements: We accept submissions from mental health professionals and/or researchers. All authors must be qualified to write on the topics they are covering.

Quality Standards:

- Must be proofread for spelling errors before submission.
- Must be well-written, interesting, engaging, and with the intention of providing good content about EMDR for Canada and internationally.
- Must reflect a standard of excellence that aligns with EMDR Canada's goals and vision and be suitable for display on its website.

Attribution Guidelines:

- All statements attributed to other professionals must be verifiable and properly cited.
- Unverifiable personal recollections from workshops, conversations, or informal settings (e.g., "I heard [professional] state that...") cannot be published without proper documentation.
- All attributed statements must be supported by published sources or official documentation to maintain editorial integrity and avoid potential liability.

Please complete our intake form prior to submitting your article to ensure your topic and author credentials are a fit for EMDR Canada! For any questions, please email us at:
editorial@emdrcanada.ca



EMDR Canada Guest Blog: Recommended Topics

What Should I Write About?

Topics must be of interest to the EMDR Canada community (EMDR therapists and/or clients in Canada).

Topic Ideas:

- Reviews of EMDR-related book(s), conferences, or training programs.
- Summaries of research and evidence-based practice updates.
- Tips, best practices, and ethical considerations for EMDR therapists and/or clients.
- EMDR success stories or experiences (appropriately anonymized).
- Insights from unique areas of expertise, including work with Indigenous communities, equity-deserving groups, or interdisciplinary approaches to EMDR.
- Other EMDR-relevant professional topics (for example: PTSD, Polyvagal, IFS and EMDR, EMDR for couples)

Free Consultation!

EMDR Canada Members who wish to write for our blog are entitled to a free, personalized consultation with our professional content specialist.

Please contact us at editorial@emdrCanada.ca to book your consultation or to ask any questions.

EMDR Canada Guest Blog: Terms & Conditions

Terms & Conditions:

Contributor Recognition: Published articles will include the author's name, a short bio (50–75 words), and at least one professional link of the author's choosing (website, LinkedIn, EMDR Canada profile, etc.). Authors will also be tagged or mentioned whenever their article is featured in EMDR Canada's newsletter or social media channels.

Ownership & Rights: By submitting your article, you grant EMDR Canada a non-exclusive, royalty-free license to publish, edit, and distribute your work on its website and related channels. Authors retain copyright to their work, but all submissions must be original and unpublished at the time of submission. EMDR Canada requires that your article be first published on its platform. After publication, you may republish the article elsewhere, provided you include attribution ("Originally published on emdrcanada.ca") and a link back to EMDR Canada at the top of the article. EMDR Canada may make minor editorial changes for clarity, style, and formatting; substantive changes will be discussed with the author.

Submission & Review Process: Our standard review process is designed to ensure all posts meet our quality and ethical standards. This includes a short intake form, editing process, and final editorial approval. A submission fee is also required to help cover professional review and editing of your article. Full details can be found [here](#). Please note publication is at EMDR Canada's discretion; we are not obligated to publish any articles that do not meet our standards, to post or share within a certain timeframe, or to keep articles on our website indefinitely.

Questions?

Please contact us at editorial@emdrcanada.ca for more information.